

June 2023

Dear parents/carers,

During this half term, starting from Monday 10<sup>th</sup> July, we will be delivering Relationships and Sex Education (RSE) lessons in Year 5. These lessons will address the following themes

- **Keeping safe: safe and unsafe touch**
- **My body: Puberty**
- **My body: Periods**

It is important, at this age, that children have a clear understanding of these topics. The sex and relationships education programme at Darlinghurst aims to be a sensitive and responsible one, which is set in a moral and social framework. It also aims to meet the statutory provision, outlined in government guidance. At Darlinghurst, we teach RSE using the Yasmine and Tom program. If you would like to view the school's RSE policy, please visit our school website using the following link: <https://darlinghurst.uk/Home/our-school-policies>

In addition to viewing our policy, we would like to invite parents of Year 5 children to come in and view the resources that will be used to deliver the RSE lessons.

Venue: Year 5 classrooms  
Date: Friday 7<sup>th</sup> July  
Time: 4.00pm till 4:30pm.

Whilst we would encourage all children within the year group to attend these lessons, as a parent/carer, you can withdraw your child from these lessons should you so wish. If you would like to withdraw your child, please complete the form below and return by Monday 3<sup>rd</sup> July.

Yours sincerely,

Mr Dunne, Miss Salter and Mrs Lee

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**Year 5 RSE Lessons – Opt out slip.**

I would not like my child to participate in the upcoming SRE lessons.

Name of child: .....

Class: .....

Signed: ..... Date: .....