



★ E-Safety:  
Keeping our children safe online  
March 2023

Mr Turner

Darlinghurst  
ACADEMY

# 2019 This Is What Happens In An Internet Minute

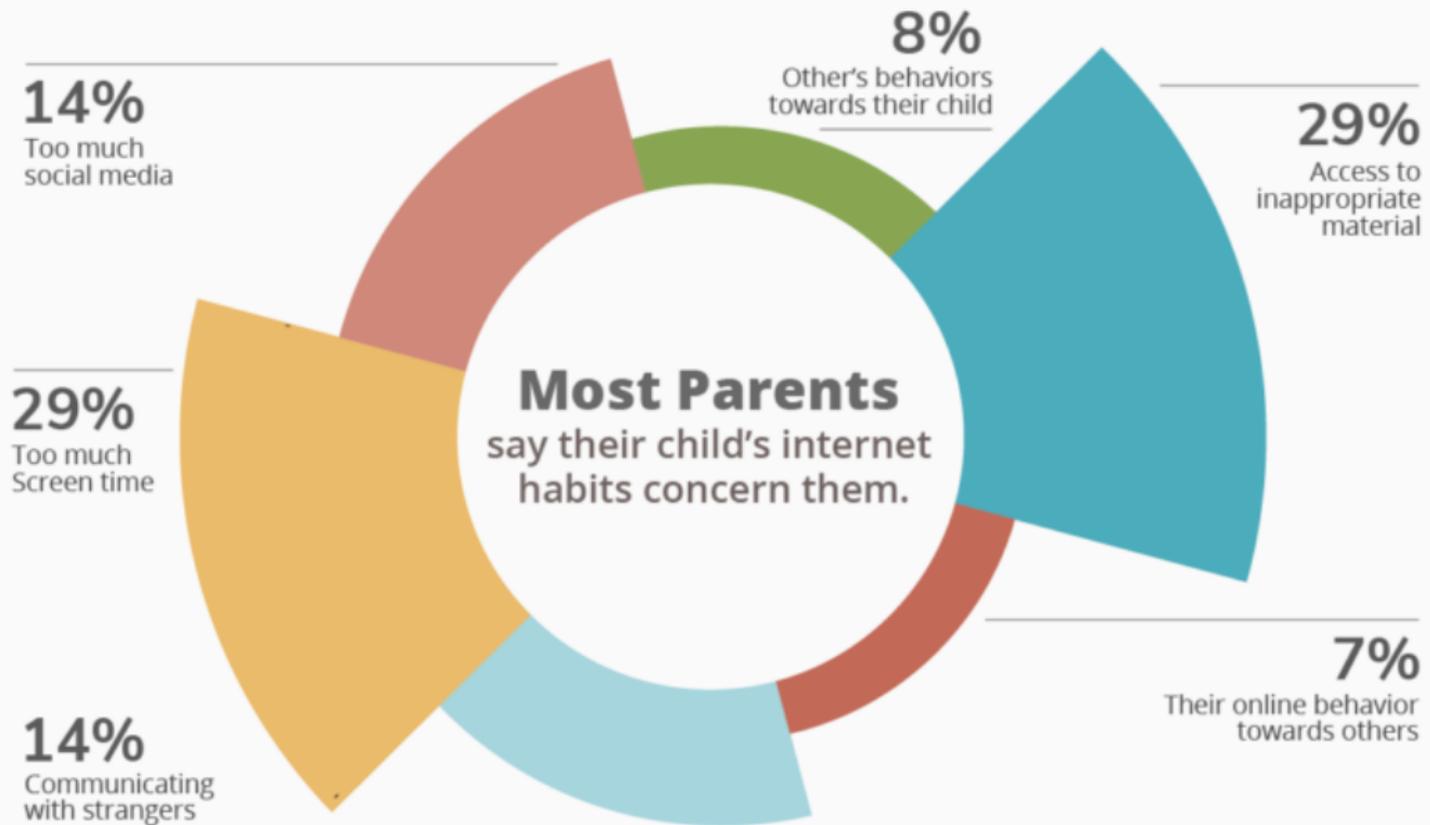


# 2021 This Is What Happens In An Internet Minute



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# What's **most concerning** to parents?



Source:  
Safewise.com 2022





- Grooming
- Cyber Bullying
- Revealing private information
- Radicalisation and Extremism
- Downloading malicious software
- Knowing who to turn to



# Age Restrictions for Social Media Platforms

What is the minimum age for account holders on these social media sites and apps?

## Under 13



Roblox



PopJam



FaceTime

## 13+



Twitter



Facebook and Messenger



Viber



WeChat



Monkey



Yubo



Dubsmash



Instagram



TikTok



Skype



Google Hangouts



Reddit



Snapchat



Pinterest

## 16+



WhatsApp



Telegram Messenger



Tumblr

## 17+



Line



Sarahah

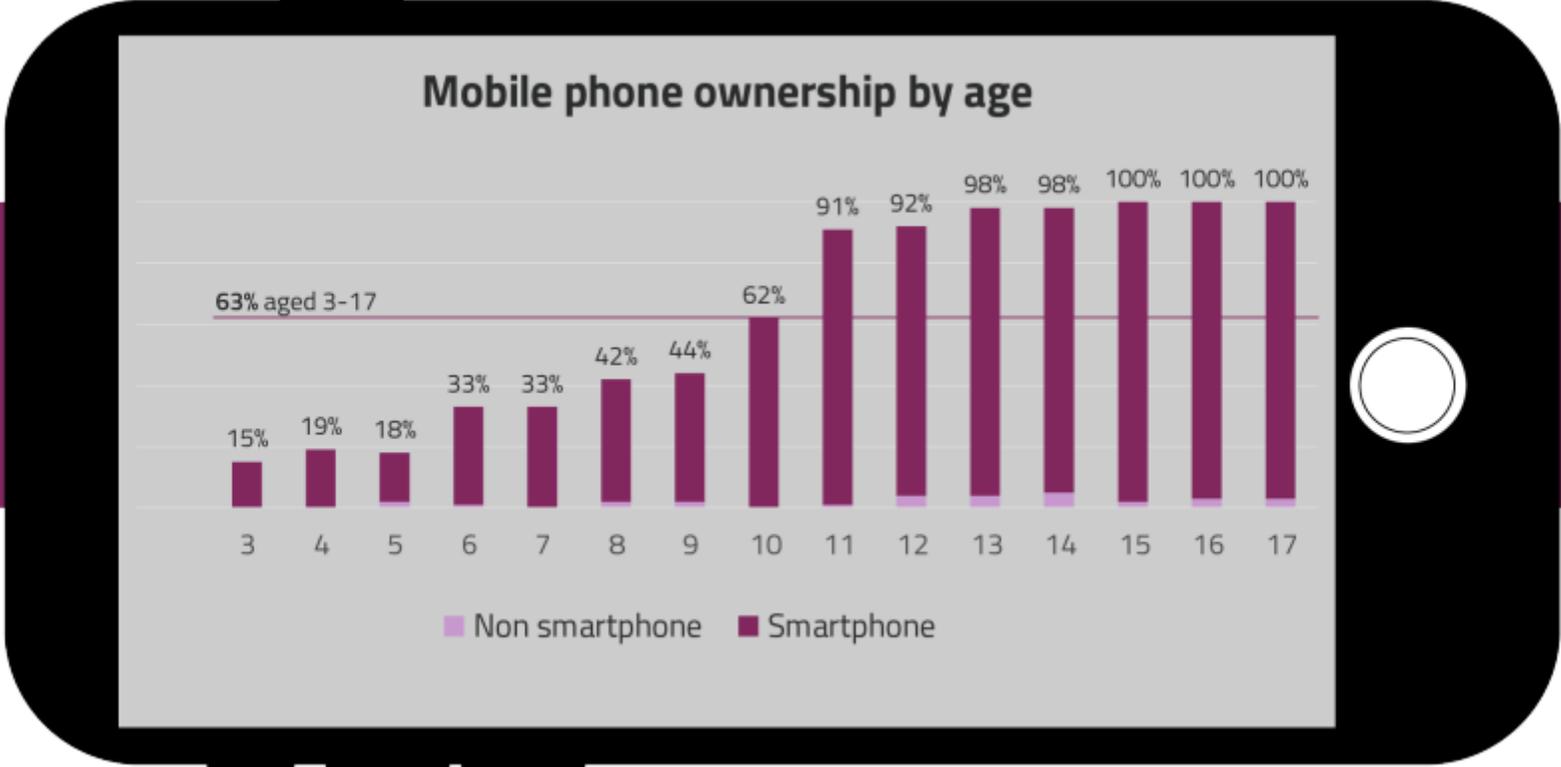


Tellonym

Sourced from NSPCC website October 2019

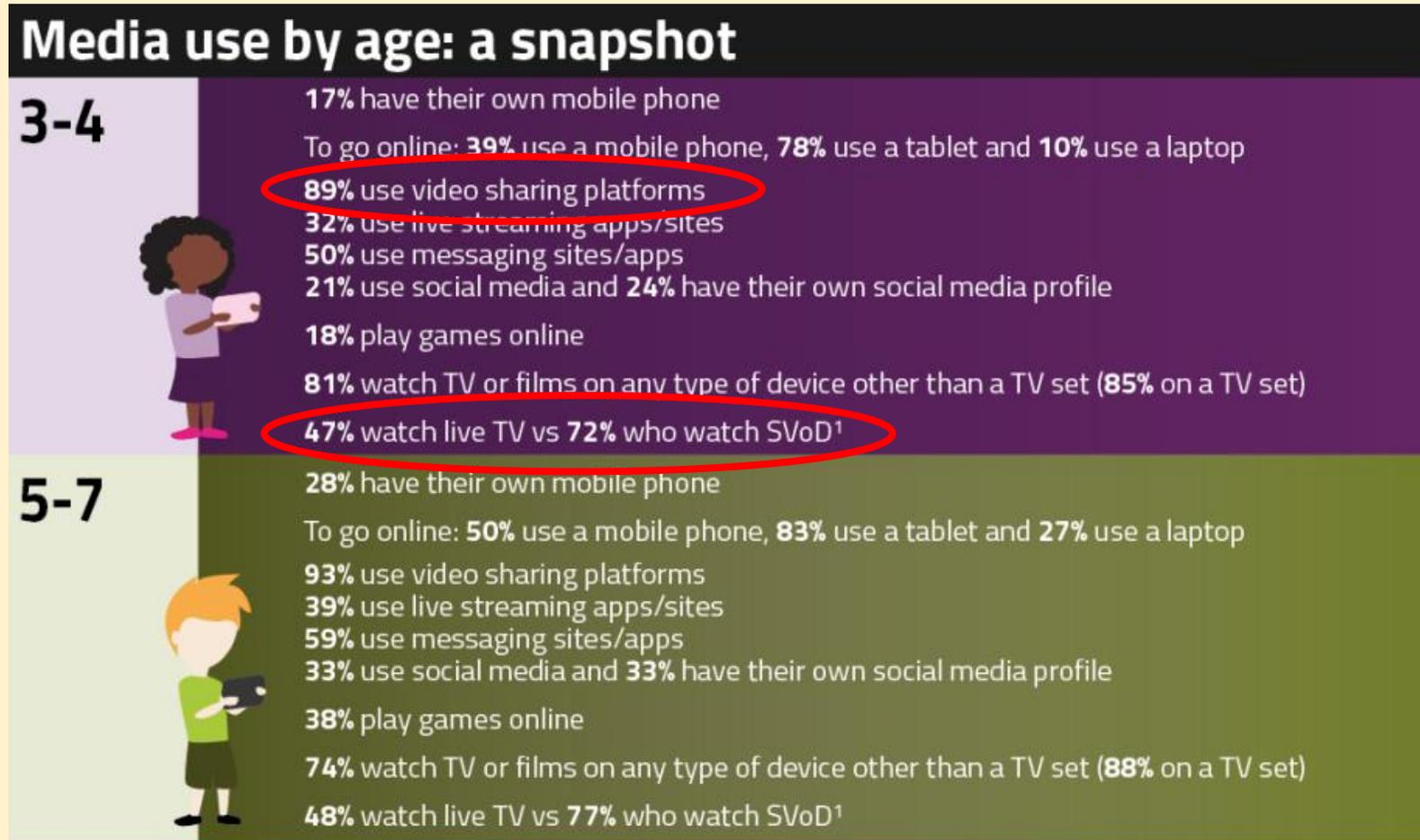
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# What are we facing?



Source: Children and parents: media use and attitudes report 2022 (OFCOM)



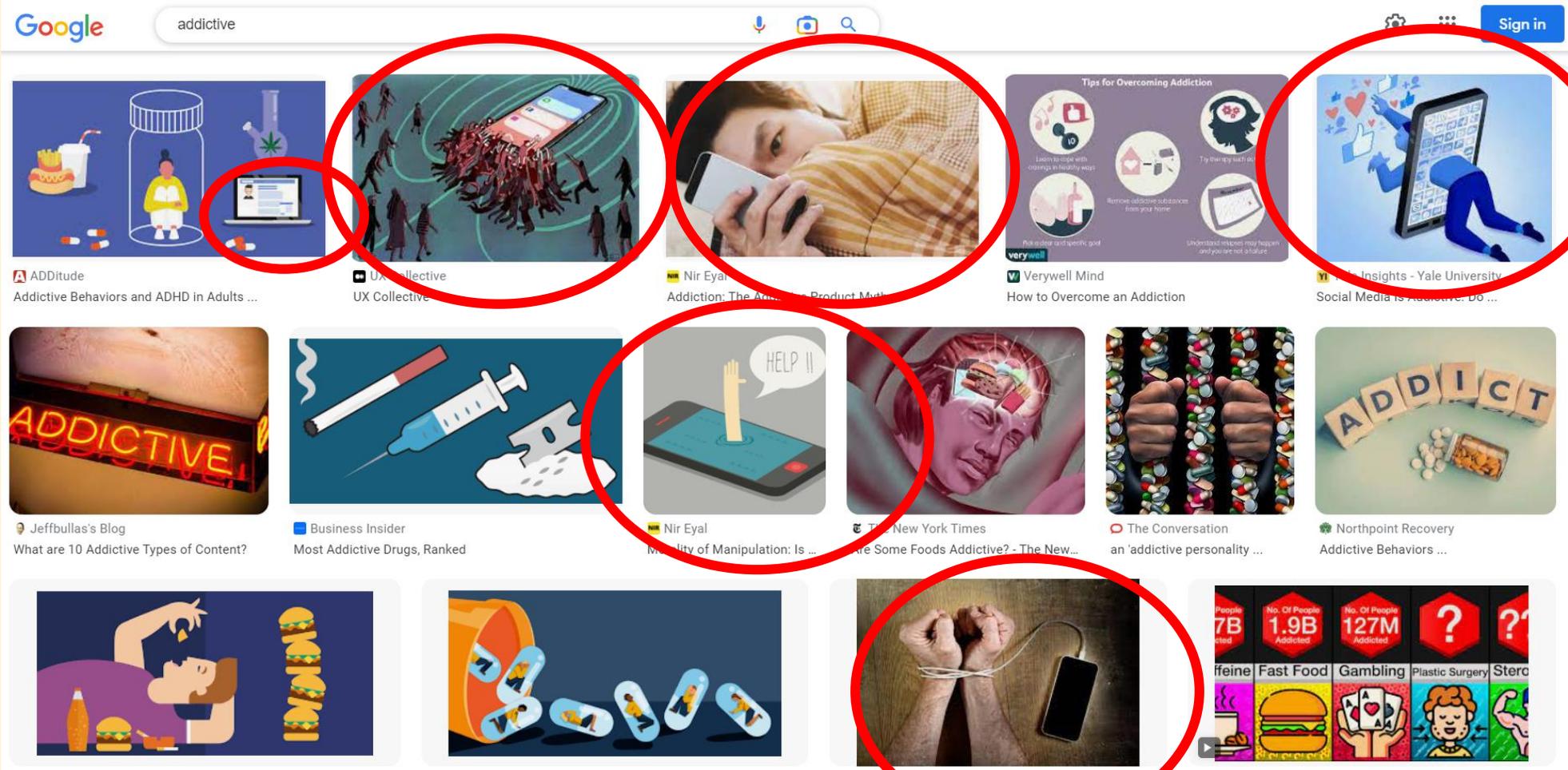
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Source: Children and parents: media use and attitudes report 2022 (OFCOM)

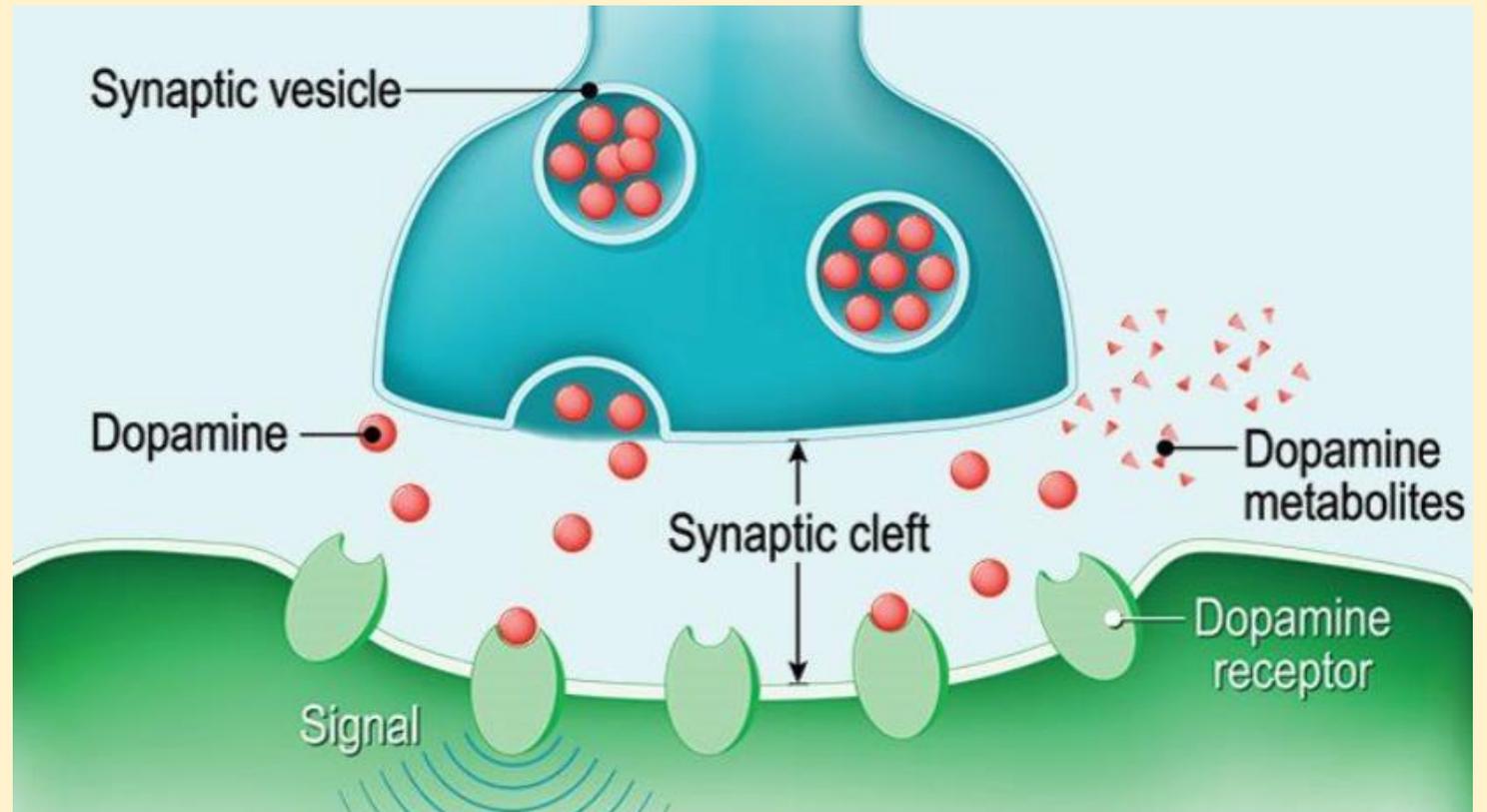


# Being alert to addiction



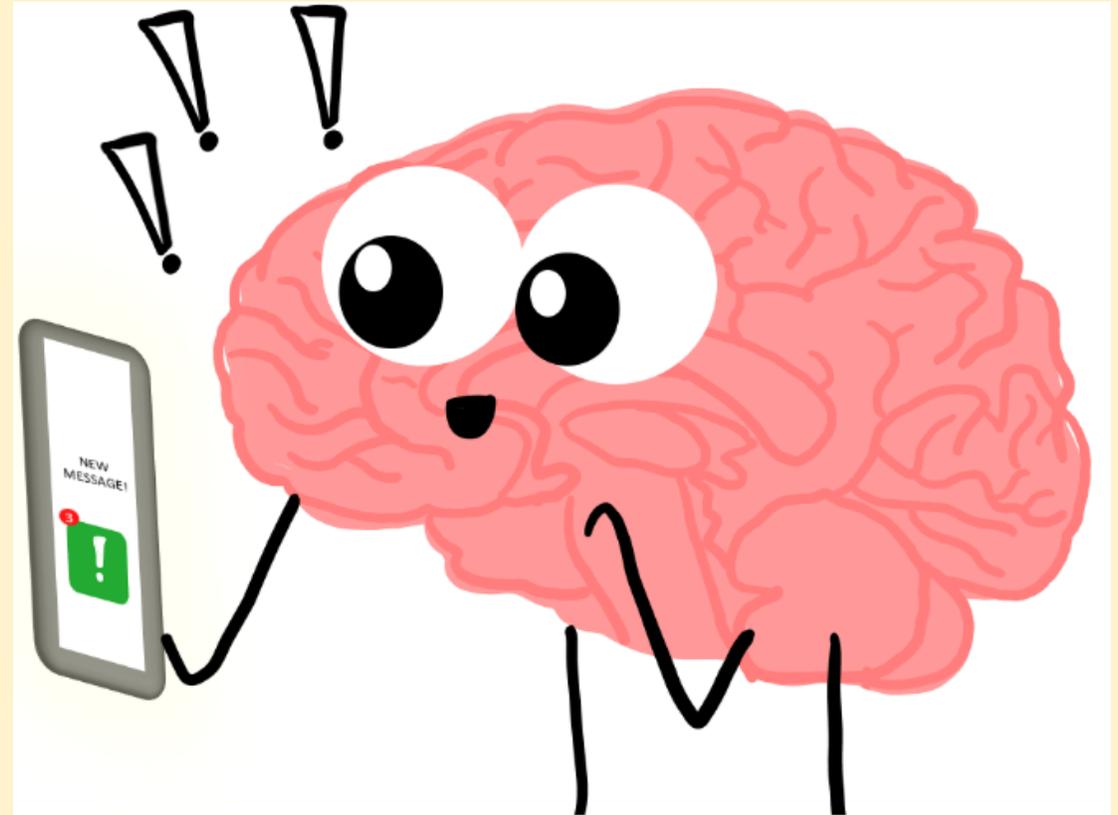
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The (quick)  
science bit!



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# Dopamine

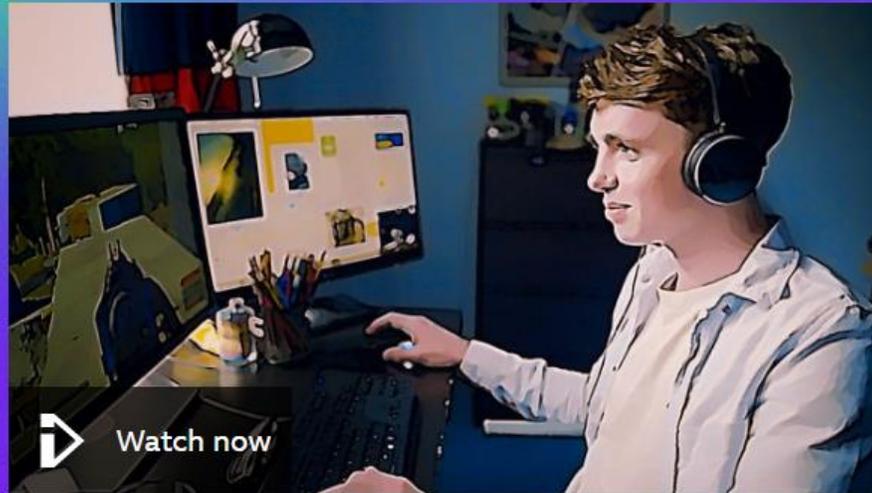


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THREE

# Murder Games: The Life and Death of Breck Bednar

[Home](#) [Clips](#) [Teacher and Student Notes](#) [Information and Support](#) [Three Home](#)



Docudrama telling the true story of Breck Bednar, a 14-year-old schoolboy who was lured to his death after being groomed online by Lewis Daynes while gaming.

[Show more](#)

10 months left to watch  
🕒 1 hour

## Last on



Tue 26 Jun 2018  
22:55

BBC ONE EXCEPT NORTHERN IRELAND & NORTHERN IRELAND HD



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# Breck Bednar's mother

'Groomers are like Chameleons they will be whatever they think they need to be to convince a child to do something they wouldn't normally do'



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# Cyberbullying



25% of  
cyberbullying  
happens in online  
games  
-Nordvpn 2021

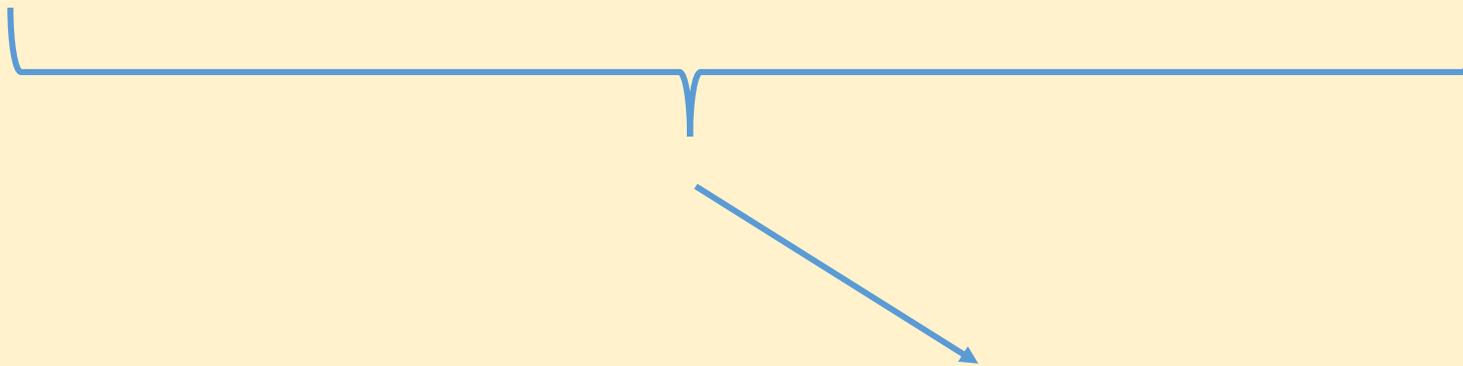
Girls are more  
likely to suffer  
Cyber Bullying

The National Crime  
Prevention Council found  
that 80% of perpetrators  
engage in cyberbullying  
because they think it's funny  
-Nordvpn 2021



# How can children help stop cyberbullying?

1. **Don't respond**
2. **Don't be an accomplice**
3. **Save, screenshot and print out all the messages**
4. If they are being bullied, they should **tell an adult immediately** to get help solving the problem



# How does Darlinghurst help stop cyberbullying?

1. We challenge **all types of bullying**
2. Our **anti-bullying policy** is on our website for parents to read
3. **We incorporate eSafety into our curriculum**
4. We engage students, parents, and teachers in **discussions about bullying prevention**



# 93% of parents have rules for online safety

Must report inappropriate content to an adult	52%
No chatting with strangers	48%
Share passwords with parents	43%
Limit time online	43%
No social media	30%
Only use the web with adult supervision	34%



# How can parents help prevent cyberbullying?

1. Keep the computer in a common area of the home
2. Learn how various social networking apps and sites work
3. Talk regularly and specifically with your children about online issues
4. Build trust with your children
5. Tell your children not to respond to any cyberbullying threats or comments online
6. Don't overreact by blaming your children
7. Don't underreact by telling your children to "shrug it off"
8. Don't threaten to take away your children's phone or computer
9. Talk to your child's teacher, Mrs Grant, Mrs Hahn, Mr Turner or Mrs Wheeler
10. If there are threats of physical violence or the bullying continues to escalate, contact
  - NSPCC helpline on 0808 800 5000 or by emailing [help@nspcc.org.uk](mailto:help@nspcc.org.uk)
  - [Childline](https://www.childline.gov.uk) on 0800 1111
  - Social services: [01702 215007](tel:01702215007) or email [mash@southend.gov.uk](mailto:mash@southend.gov.uk)



# Safeguarding



Mrs Grant  
Designated Safeguarding  
Lead



Mrs Hahn  
Deputy Designated  
Safeguarding Lead



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# Pitching conversations – thinkuknow.co.uk

KS1

## eSafety Tips

© Teaching  www.thinkuknow.co.uk  
100% FREE DOWNLOADS  
from www.thinkuknow.co.uk

- 1** People you don't know are strangers. They're not always who they say they are. 
- 2** Be nice to people like you would on the playground. 
- 3** Keep your personal information private. 
- 4** If you ever get that 'uh oh' feeling, tell a grown-up you trust. 

KS2

## SMART

**S** **Stay Safe**  
Don't give out your personal information to people / places you don't know. 

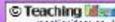
**M** **Don't Meet Up**  
Meeting someone you have only been in touch with online can be dangerous. Always check with an adult you trust. 

**A** **Accepting Files**  
Accepting emails, files, pictures or texts from people you don't know can cause problems. 

**R** **Reliable?**  
Check information before you believe it. Is the person or website telling the truth? 

**T** **Tell Someone**  
Tell an adult if someone or something makes you feel worried or uncomfortable. 

Follow these SMART tips to keep yourself safe online!

© Teaching  www.thinkuknow.co.uk



## Useful websites

### [UK Safer Internet Centre](#)

Contains advice and practical resources, news and events focussing on the safe and responsible use of the internet and new technologies

### [Internet Matters](#)

A portal which aims to direct parents and carers to credible and helpful information on how to keep children safe online

### [Think U Know](#)

Provides the latest information on sites young people visit #AskTheAwkward

### [Childnet](#)

Deals with setting up safe profiles on social networking sites and understanding how to manage personal information



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# Time to Talk!

[generalenquiries@darlinghurstacademy.org.uk](mailto:generalenquiries@darlinghurstacademy.org.uk)

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