

Darlinghurst Academy Year 2: Spring 2 - What makes us like other animals?

Vocabulary

adult	a fully grown animal or plant
develop	To grow or become stronger
lifecycle	the series of changes that an animal or plant passes through from the beginning of its life until its death
Live offspring	Offspring that has not hatched from an egg
offspring	A person's children or animal's young
pet	tame animal kept in a household
reproduce	When living things make a new living thing of the same kind
young	Offspring that has not reached adulthood

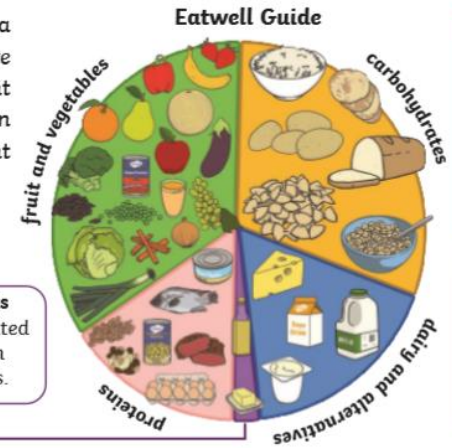
Living things

- All living things reproduce and have offspring
- They need water, food and air to survive (3 basic needs)



How to stay healthy

To grow into a healthy adult, we must eat the right types of food in the right amount and **exercise**.



oils and spreads
Choose unsaturated oils and use in small amounts.

Water, lower fat milk, sugar-free drinks including tea and coffee all count.

6-8 a day

Eat less often and in small amounts.

Lifecycles

